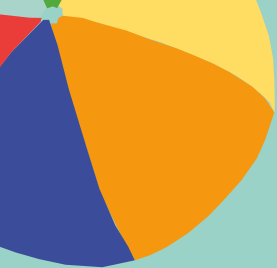


Help us build
a world free of sexual violence
toward children and teens



PROGRAM
FOR VICTIMS OF
SEXUAL VIOLENCE





AT MARIE-VINCENT, CHILDREN AND ADOLESCENTS WHO ARE VICTIMS OF SEXUAL VIOLENCE RECEIVE SPECIALIZED SERVICES ADAPTED TO THEIR NEEDS. THE TREATMENT PROVIDED IS BASED ON BEST PRACTICES AND IS RECOGNIZED AS BEING HIGHLY EFFECTIVE.

PARENTS CAN ALSO RECEIVE SUPPORT FROM THE TIME OF DISCLOSURE TO THE END OF TREATMENT.

THE IMPACT OF SEXUAL VIOLENCE ON YOUNG VICTIM’S HEALTH

Young victims of sexual violence may suffer from emotional and psychological issues as well as significant physical health problems.

Some consequences associated with sexual violence:

- Emotional and mental health problems (post-traumatic stress, anxiety, depression, suicidal thoughts)
- Academic problems (poorer school performance or dropping out of school)
- Risky behaviours (substance abuse, exchange of sexual acts to meet needs, relationship aggression and violence, running away)
- Physical health problems (obesity, gastrointestinal issues, cardiopulmonary symptoms, diabetes, gynecological problems)

These consequences can lead to significant disruptions in a young person’s developmental pathway and often have a long-term impact that can lead to significant dysfunction and distress in adulthood.

A FEW FIGURES

1 out of 5 girls and 1 out of 10 boys report having been sexually assaulted before the age of 18.

1 out of 5 teenage girls and 1 out of 15 teenage boys between 14 and 18 report having experienced at least one episode of sexual violence in their romantic relationship in the past 12 months.

More than **50%** of sexual assault victims are under the age of **18**.



TESTIMONY

“My daughter received about five months of therapy at Marie-Vincent Foundation. It has been very good for her. All facets of the abuse and its aftermath were discussed in depth with an extraordinary therapist, in a beautiful, welcoming and warm place for children.

Whenever I attended with my daughter, I also had a session with an equally wonderful therapist who helped me work through any questions and difficulties that I was experiencing in relation to my daughter’s abuse.

This follow-up was just as beneficial and positive for me; I finally felt understood and got answers to my questions. I was finally at the right place.”

Aline, mother of two children

ALL SERVICES ARE PROVIDED UNDER ONE ROOF: POLICE, MEDICAL, PSYCHOSOCIAL AND SOCIO-LEGAL.



WHAT ARE THE TREATMENT IMPACTS?

The services provided at Marie-Vincent have a real impact on the developmental path of children and adolescents.

FOR CHILDREN AND ADOLESCENTS

As a result of treatment, research has shown that children have:

- ✓ better self-esteem;
- ✓ fewer symptoms of anxiety;
- ✓ fewer symptoms of depression;
- ✓ fewer symptoms of post-traumatic stress;
- ✓ less sense of guilt.

FOR PARENTS

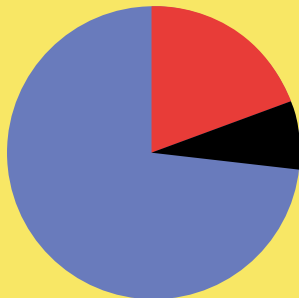
The disclosure of a sexual assault is an event that affects the entire family and can cause major psychological distress. Parents may also need help to better support their child in therapy. The presence and protection of parents is essential for young people.



OUR FINANCIAL NEEDS

→ \$ 470 000 annually to

RESOURCE DISTRIBUTION



FAMILY SERVICES 72 %

CLINICAL TEAM SUPPORT 17 %

MISSION SUPPORT 11 %

PROVIDE CHILDREN AND ADOLESCENTS WITH:

- an assessment of their needs
- a therapy adapted to their needs

PROVIDE PARENTS WITH:

- support from the time of disclosure to the end of therapy

"I learned that what happened is not my fault
and that I can have a future."

Étienne, 11 years old